

Home-Based Learning Infants





NOTE TO PARENTS/ GUARDIANS

Dear Parents/ Guardians,

We would like to invite you to be part of your child's learning journey. This pack of activities is meant to reinforce what your child has been learning in school. Rest assured that printing is **not** required and all activity ideas may be done with resources that you have at home. Feel free to improvise and make changes as you wish, to suit the interest of your child and to work with readily available materials.

We hope you will enjoy exploring the activities together and please feel free to share photos of your experience with us! ☺





Sing With Me!



What you will need:

White drawing paper, red, green, brown paint and a paint brush.

Sing a Repertoire of Songs with Your Child!

Play and sing along with your child the following song:

If I Were an Apple: <https://tinyurl.com/2r7842ev>

(Stop at 30 sec for the first verse only)

*for the lyrics "On a nice **boy** like me" (change the word to "girl" if you have a baby girl)

- Music introduces children to the sounds and meaning of a wide range of words and this helps in strengthening their memory skills.
- Music also fosters emotional attachment and young children love to hear the sound of their parent's voice because they are familiar with it.
- So, sing to or with your child as often as possible!
- During this song, show your child an apple.
- Let him/ her hold and feel it while singing the song.
- Pretend to drop the apple lightly on the head to let him/ her feel the action of 'drop' and the apple coming down..

Apple Footprint Craft (if you have paints available)

This easy to make craft is an adorable footprint of your child that you will cherish through the years as he/ she grows.

Paint the bottom of your child's right foot with the red paint and have him/ her step onto the drawing paper (make sure that your child's foot is fully covered with paint before stepping onto the paper to ensure that there's no white spaces on the finished product).

Paint the left foot with red paint and print it right next to his other footprint (place as close as possible to the print).

Have your child dip his/ her finger into the brown paint and press it on the paper to create the stem and green paint as the leaf. Leave it to dry.



I am learning to...

- Listen to and enjoy action songs.
- Use my senses to discover the feel of paint.



Play With Me!

Sing a Repertoire of Songs with Your Child!

- When you sing to your baby, they bond with you and your voice.
- When you sing and speak, your baby learns about words, language, and communication. Through your singing, baby's language comprehension begins.
- Singing is one of many methods of play and a fun way to interact with babies.
- It's an opportunity for your baby to begin to understand language and feelings expressed through language.
- So sing, sing and sing to your baby every chance you get!

The Itsy Bitsy Spider: <https://tinyurl.com/3hh4973t>

The Itsy Bitsy Spider

The itsy bitsy spider
Went up the water spout
(Use fingers to crawl up your baby's arm)

Down came the rain,
And washed the spider out
(Bring hands down in front of you while wiggling fingers)

Out came the sunshine,
And dried up all the rain
(Put hands together to form a circle above your head)

So the itsy bitsy spider
Climbed up the spout again
(Use fingers to crawl up your baby's arm again)

**Your child will enjoy the actions and words of this nursery rhyme. Point out the images to your child as you sing the rhyme again and again.*



I am learning to...

- Listen to and enjoy action songs.
- Respond to my caregiver to share my enjoyment.



Hands Together Please



What you will need:

Dry sponge, fabric, small soft ball, hair scrunchies, rattles, toys which squeak etc.

Exercise Time is Fun Time!

- Spread the available items mentioned above, around your child, within easy reach.
- Allow your child to explore the objects.
- Play together at squeezing and pulling the objects with your child.
- Encourage your child to use both hands together, pulling and scrunching.
- Name the objects and repeat the word a few times for your child.
- Talk about what you are doing, using words to describe the actions (squeeze, pull, tug, grab, shake, etc.).
- Encourage your child to join in using both hands together.
- You can include any other suitable items that are soft and stretchable.
- You can add paper tearing to this activity as well. Two little hands working together to tear through paper is a simple and fun way to target hand strength.
- Enjoy this interaction time with your baby as he/ she works on strengthening their hand muscles!



I am learning to...

- Explore my toys with my sense of touch.
- Use both hands to manipulate my toys.
- Strengthen my hand muscles.



Matching and Pairing



What you will need:

Pairs of objects such as 2 spoons, 2 books, 2 bowls, 2 cups, two of any suitable objects that your child can handle and a tray or a shallow box

Let's Pair Them Up!

- Put two pairs of objects (i.e. four things) into the box.
- Allow your child to explore the objects.
- Hold out your hand and invite him/ her to give you an object.
- Name the object and show your child what it is used for.
- Offer the object back to your child.
- Take one object and invite your child to take the matching object from the box.
- Add more objects to the box or tray as your child progresses.
- Enjoy exploring the objects together, finding matching pairs naming the objects and demonstrating how they are used, through pretend play.
- Remember to talk about and describe at length what you both are doing together.
- The difficulty of this activity may be progressively increased with matching real objects to pictures (e.g. a real banana to a picture of a banana; shape cut-outs matched to outlines of shapes etc.



I am learning to...

- Use my pincer grasp to pick up things.
- Name different objects accurately.
- Notice similarities and differences in objects.





Come Clap with Me

Clapping is so much fun!

- When your baby first waves and claps at you, it is a huge milestone, as it's a significant way for your baby to interact with you.
- Your baby will try to copy you so if you clap your hands together, they will gradually start to copy and bring their own hands together.
- Nursery rhymes with the clapping action will help to encourage and facilitate this stage of development. Try the following rhyme!

Rhyme - 1-2-3 Clap with Me

1-2-3 clap with me (clap your hands)

1-2-3 tap your knee (tap your knees)

1-2-3 clap some more (clap your hands)

On your head (tap your head 3x) and on the floor (then tap the floor 3x)

- Recite the rhyme a few times with the actions until your child is familiar with the lyrics.
- Praise your child for following the rhyme.
- Ask your child, "Again?" and wait for his/ her indication to request to do the rhyme again.
- Encourage your child to copy your actions.
- Praise your child for copying the actions.



I am learning to...

- Clap with both of my hands.
- Use both my hands to express my emotion.



照镜子



活动准备:

一面镜子

一起来玩照镜子的游戏吧!

活动内容:

1. 让婴儿以舒服的姿势仰卧或坐好，家长拿出一面镜子，放在婴儿的视线范围内。
2. 第一次游戏：家长轻轻地指着婴儿的五官，逐一说出五官的名称。
3. 第二次游戏：家长指着镜子中的五官说出名称。
4. 之后，家长尝试说出“眼睛在哪里？”看婴儿是否有意识地去指自己的眼睛，或者镜子中的眼睛。



我将会学到:

- 初步发展自我意识
- 发展听觉能力，建立声音与五官之间的联系





香料嗅觉瓶对对碰

活动准备：

香料：八角、胡椒、桂皮若干或大蒜、香菜、姜等食材少许、洗干净的不透明的小塑料瓶六个



一起来玩嗅觉瓶对对碰的游戏吧！

活动内容：

1. 找出六个不透明的小塑料瓶，瓶盖上留出一些小口。
2. 将八角、胡椒、桂皮这三种香料，分别装进两个小瓶子中，即：每种香料有两瓶；如果没有香料，可以替换为：大蒜、香菜、姜等食材少许。
3. 将六个装有香料的小瓶子打乱顺序，让婴儿依次闻味道，尝试将两个味道相同的小瓶子放在一起。



我将会学到：

- 初步发展嗅觉能力，分辨不同的气味
- 发展认知能力，将相同的气味配对

