

Home-Based Learning

Nursery 1





NOTE TO PARENTS/ GUARDIANS

Dear Parents/ Guardians,

We would like to invite you to be part of your child's learning journey. This pack of activities is meant to reinforce what your child has been learning in school. Rest assured that printing is **not** required and all activity ideas may be done with resources that you have at home. Feel free to improvise and make changes as you wish, to suit the interest of your child and to work with readily available materials.

We hope you will enjoy exploring the activities together and please feel free to share photos of your experience with us! ☺





Cutting Busy Box



What you will need:

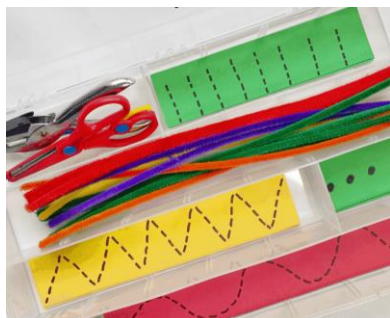
Child-friendly training scissors, thin cardboard, coloured paper, markers*

**(if appropriate cutting tool is not available or if child is not ready to handle scissors yet, activity may be adjusted for child to tear strips of paper with hands instead of cutting with a tool)*

Enhance your child's fine motor skills with a cutting busy box.

Instructions:

1. Prepare strips of coloured paper.
2. Use markers to draw straight, zig zag and curvy lines on the pieces of paper.
3. Place the pieces of paper into a tray or box.
4. Provide a child-friendly training scissors and guide your child to cut along the dotted lines. Monitor your child closely while using the scissors.
5. You can also provide long pieces of play dough or thin pieces of sponge for your child to practise cutting.



I am learning to...

- Strengthen my eye-hand coordination through activities involving cutting.





Leaves Shading

What you will need:

Leaves (picked from the ground, washed and dried), crayons, paper



Explore lines found on leaves through this simple activity.

Instructions:

1. Listen to the story "We're Going on a Leaf Hunt" by Stee Metzger. (Reference: <https://tinyurl.com/4vk87zv7>)
2. Provide your child with different types of leaves of various sizes, colours and textures to touch and explore.
3. Talk about the lines on the leaves that he/ she can feel and see.
4. Prepare some pieces of paper and crayons to explore a leaf shading activity with him/ her.
5. Place the leaf under the paper and rub the crayons gently on the paper.
6. Talk about the lines and colours observed and use this opportunity to identify big and small leaves.



I am learning to...

- Strengthen my hand muscles.
- Identify lines in leaves and artworks.





The Matching Game

What you will need:

Cardboard cut-outs, markers or colour pencils or coloured stickers



Create a matching game out of recycled materials

Instructions:

1. Cut out rectangular cut-outs from old cereal boxes.
2. Use markers, colour pencils or coloured stickers to create coloured circles on the cut-outs.
3. Create different combinations of colours at both ends of each cardboard.
4. On a large piece of paper, trace the shape of the cut-outs and replicate the colour combinations similar to those on the cardboard.
5. Encourage your child to find and match the cardboard cut-outs to the pictures they see on the paper.



I am learning to...

- Match objects according to colour.
- Follow simple instructions.





Frozen Yoghurt Ice Pops



What you will need:

Fruits (according to preferences), yoghurt, popsicle sticks

Here's a healthy frozen treat you can pop out any time to hand to your child.

***Replace ingredients accordingly to cater to child's allergies if any.**

Instructions:

1. Listen to the song "Do You Like Broccoli Ice Cream"
(Reference: <https://tinyurl.com/vfv5ft5e>)
2. Talk to your child about some of the food that he/ she likes to eat.
3. Engage your child in an easy yoghurt fruit pop that only requires two ingredients and is made with fresh fruit.
4. Depending on the fruit used, name the fruit and talk about the beginning sound of the fruit (e.g. apple, blueberry, mango, kiwi, etc.)
5. Involve your child to place the yoghurt and cut fruits into ice cube trays.
6. Get him/ her to place only 1 popsicle stick into each segment of the ice cube tray.
7. Place the yoghurt pops into the freezer for around 4 hours.



I am learning to...

- Practise one-to-one correspondence by placing 1 stick into each segment of the ice cube tray.





Connecting Dots



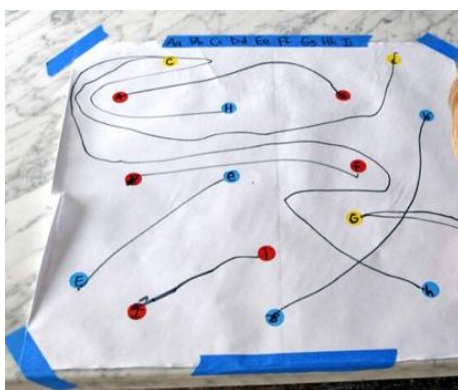
What you will need:

Markers, paper, colour pencils and/ or crayons

This dot-to-dot activity is great for fine motor play.

Instructions:

1. Try out this activity to practise drawing lines and curves using a pencil grip.
2. Start by asking your child to doodle on a piece of paper to form lines, shapes or letters.
3. This will allow him/ her to explore how a marker feels in his/ her hands and discover ways to move it along on a piece of paper.
4. On another piece of paper, draw multiple red, yellow and blue circles.
5. Encourage your child to join the similar colour dots together by drawing lines from one dot to the other.



I am learning to...

- Strengthen my eye-hand coordination and fine motor skills by drawing lines.
- Match identical colours accurately.





照镜子

活动准备：

一面大镜子、一面小镜子



一起来玩照镜子的游戏吧！

活动内容：

1. 让幼儿猜猜谜语：“你哭它也哭，你笑它也笑，你问它是谁，它说你知道。”
2. 让幼儿对着镜子观察自己。
3. 第一次游戏：让幼儿做出不同表情，并观察镜中的自己，尝试说出自己的发现。
4. 第二次游戏：让幼儿拿着另一面镜子对着前面的镜子，之后仔细观察镜中所见，并尝试说出自己的发现。



我将会学到：

- 促进自我意识的发展
- 发展听觉能力，建立声音与五官之间的联系





香料嗅觉瓶对对碰

活动准备：

香料：八角、胡椒、桂皮若干或大蒜、香菜、姜等食材少许、洗干净的不透明的小塑料瓶六个



一起来玩嗅觉瓶对对碰的游戏吧！

活动内容：

1. 找出六个不透明的小塑料瓶，瓶盖上留出一些小口。
2. 将大蒜、葱头、姜这三种食材，分别装进两个小瓶子中，即：每种食材有两瓶。
3. 将六个装有食材的小瓶子打乱顺序，让幼儿依次闻味道，尝试将两个味道相同的小瓶子放在一起。
4. 之后，出示这三种食材，并向幼儿介绍名称，让幼儿仔细摸一摸、闻一闻，甚至可以尝一尝。



我将会学到：

- 锻炼嗅觉能力，分辨不同的气味
- 发展认知能力，将相同的气味配对

