

Home-Based Learning

Nursery 1





NOTE TO PARENTS/ GUARDIANS

Dear Parents/ Guardians,

We would like to invite you to be part of your child's learning journey. This pack of activities is meant to reinforce what your child has been learning in school. Rest assured that printing is **not** required and all activity ideas may be done with resources that you have at home. Feel free to improvise and make changes as you wish, to suit the interest of your child and to work with readily available materials.

We hope you will enjoy exploring the activities together and please feel free to share photos of your experience with us! ☺





The Three Little Pigs



What you will need:

Ice cream sticks, strips of paper, Lego blocks

Try out some fun activities to help your child get familiar with the basic shapes.

Instructions:

1. Listen to the story "The Three Little Pigs"
(Reference: <https://tinyurl.com/2djua4rp>)
2. Recall the events that happened in the story with your child.
3. Ask about what type of house each pig built.
4. On a piece of paper, draw three houses and provide the materials for your child to create a house made out of straw, sticks and bricks.
5. Talk about your child's creations and which house is his/ her favourite.



I am learning to...

- Recall key events in stories.
- Engage in conversations related to a story.





M is for Milkshake

What you will need:

Milk, fruits, ice cream of choice, digestive biscuits or Oreo cookies, blender



Here is a simple milkshake recipe for you to try with your child!

Instructions:

1. Listen to the song "Do You Like Lasagna Milkshakes"
(Reference: <https://tinyurl.com/sfu5mfd6>)
2. Tell your child that you are going to make milkshakes.
3. Emphasise the letter and beginning sound of letter "M" and associate the letter with milkshakes.
4. Prepare the ingredients required: Milk, ice cream of choice, crushed digestive biscuits or Oreo cookies
5. Place all the ingredients into a blender to blend. Alternatively, stir and mix the ingredients well to enjoy a cup of milkshake.
6. You may also want to try out more milkshake recipes from this link:
"10 Healthy Milkshake Recipes for Kids"
<https://tinyurl.com/r8s5z4v2>



I am learning to...

- Follow simple instructions.
- Say the letter sound and name of "M".





String Telephone

What you will need:

Styrofoam/Paper cups, a pair of scissors, string (twine/yarn), coloured markers



Learn how sound waves travel in this fun science activity!

Instructions:

1. Assist your child to poke a small hole at the bottom of each cup.
2. String a piece of string between the cups.
3. Tie a knot at the end of the string to keep it in the cup.
4. Experiment with varying lengths of the string to test out how far sound travels (e.g. the longer the string, the further sound travels)
5. Get your child to design a set of string telephone for different family members in the household.
6. Decorate as desired.



I am learning to...

- Explore sounds and make discoveries through experiments.





Row Row Row Your Boat

Sing and recite a song and move together with your child

Instructions:

1. Sit on a pillow or mat and pretend to row a boat with your child.
2. Talk about row boats and how your child can paddle it with an imaginary oar.
3. Play the music "Row Row Row Your Boat" and pretend to row a boat according to the rhythm of the song. Encourage your child to rock back and forth as the song is being played.
(Reference: <https://tinyurl.com/5tshrxee>)
4. Next, sit facing your child and hold his/ her hands.
5. Try singing the song at different speeds (fast or slow) and rock back and forth while holding hands as if rowing a boat while repeating the song.
6. Alternate between singing fast and slow and getting him/ her to respond accordingly.



I am learning to...

- Sing along to a simple song.
- Move my body according to a fast or slow song.





Oobleck Sensory Fun

What you will need:

Materials for oobleck (See Annex), bowl, spoon



Sensory play has many benefits for young children's development.

Instructions:

1. Follow the instructions on the oobleck recipe (See Annex).
2. Talk about how the oobleck feels as it runs through the fingers.
3. Explore scooping, filling and pouring with the scoops and spoons.
4. Observe what happens when the oobleck is dried up on your hands.



I am learning to...

- Explore different textures with my hands and fingers.



Annex: Oobleck Recipe

Let's make some oobleck together!



What you need:

- 1 cup of water
- 1.5 - 2 cups of corn-starch
- A few drops of food colouring
- Bowl
- Mixing spoon
- Clear container

Instructions:

- Pour 1 cup of water into a small bowl.
- Begin by adding 1.5 cups of corn-starch to the water.
- Stir with a mixing spoon and mix it around with your hands once the mixture thickens.
- If necessary, gradually add in the remaining 0.5 cups of corn-starch to make the mixture thicker. Otherwise, leave it as it is.
- Pour the oobleck mixture into a clear container for play.

Hint:

1. If you have added too much corn-starch, simple add in a little more water to thin it out.
2. Look for consistency in the mixture, it should feel like liquid and solid at the same time.



追手电光



活动准备：

手电筒、红、黄、蓝颜色的玻璃纸、玩具熊

让我们一起来追手电光吧！

活动内容：

1. 选择家中较宽敞的场地并调暗房间的灯光
2. 家长把手电筒（或手机）的光照在地上或较矮的墙壁上，让幼儿去“追手电光”
3. 之后让幼儿将不同颜色的玻璃纸盖在手电筒上，观察投射在墙上的灯光有什么不同。之后尝试将两张不同颜色的玻璃纸重叠并盖在手电筒上。让幼儿观察颜色的不同
4. 若没有玻璃纸，也可将玩具熊摆在手电筒前，让幼儿观察墙上的光和影子并尝试说出自己的观察



我将会学到：

- 促进视觉发育，增加对光的分辨度
- 锻炼观察力与对颜色的认知





快乐的小青蛙



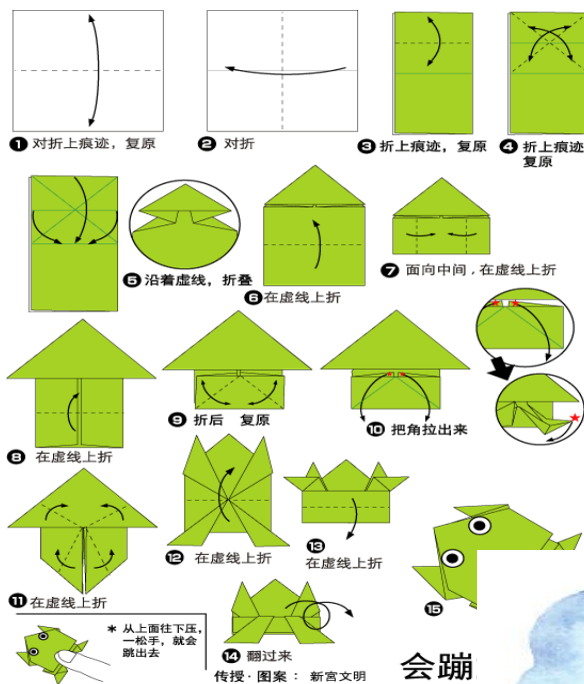
活动准备:

正方形的彩色纸

青蛙跳跳跳!

活动内容:

6. 参照示意图, 与幼儿一起叠出青蛙
7. 家长与幼儿每人拿一个叠好的小青蛙, 进行小跳蛙比赛, 看谁最先到终点
8. 家长播放音乐《小跳蛙》:
<https://www.youtube.com/watch?v=Jw1m8FeUuOo>, 与幼儿一起扮演“小跳蛙”, 合拍地随着音乐原地跳或向前跳



我将会学到:

- 锻炼手眼协调能力
- 愉快地与家人进行互动游戏

